

Maryland HIV Progress Report

October 2020

Purpose: Monitoring our Progress

On July 20, 2015, the White House released the updated <u>National HIV/AIDS Strategy for the United States</u> (NHAS) in an effort to re-focus the response to the HIV epidemic in the U.S. NHAS summarizes a set of priorities and strategic action steps with measurable goals to be achieved by 2020. This report aims to provide a summary of Maryland's progress in accomplishing the NHAS 2020 goals. This report uses state and national surveillance data to evaluate the annual progress of 1) reducing new HIV infections, 2) increasing access to care and improving health outcomes, and 3) reducing HIV-related health disparities. Yearly evaluations improve inter-agency coordination, encourage progress, and ultimately enhance health outcomes in Maryland.

Right People, Right Places, Right Practices

Demographics	U.S. †§	Maryland §¥	Baltimore §¥	Right Places
Population	328,239,523	6,045,680	593,490	
Socio-economic				
In Poverty	12.3%	9.0%	20.2%	On average,
No Health Insurance	9.2%	6.0%	5.8%	
≤High School/GED	38.3%	34.2%	42.6%	3 people are diagnosed with HIV in
Age				Maryland every day
< 13 ^{§§}	15.8%	15.8%	15.0%	maryiana every ady
13-24 ^{§§}	15.7%	15.0%	14.6%	
25-34	13.9%	13.6%	18.9%	6 people are diagnosed with
35-44	12.8%	13.0%	13.0%	HIV in Prince George's County
45-54	12.4%	13.2%	11.2%	
55-64	12.9%	13.6%	12.8%	every week
<u>≥</u> 65	16.5%	15.9%	14.5%	
Sex				
Male	49.2%	48.4%	46.9%	4 people in Baltimore City are
Female	50.8%	51.6%	53.1%	diagnosed with HIV every week
Race/Ethnicity				ulagilosed with filv every week
Hispanic	18.4%	10.6%	5.7%	
NH-Asian	5.6%	6.3%	2.6%	Dialet De culo
NH-Black	12.4%	29.7%	61.8%	Right People
NH-White	60.0%	49.8%	27.4%	
NH-Other	3.6%	3.6%	2.5%	HIV Diagnoses During 2010 and 2019
People with HIV*				
•				
HIV Diagnoses	37,968	931	200	36.0%
People with HIV	1,042,270	31,630	10,006	
AIDS Deaths ^Ω	15,821	491	233	
HIV Diagnoses During 2019				NH-Black MSM, 29.2%
Age at HIV Diagnosis				
< 13	0.2%	0.0%	0.0%	
13-24	20.8%	18.6%	16.0%	NH-Black HET
25-34	35.5%	33.5%	31.5%	Female, 21.7%
35-44	19.2%	20.1%	21.5%	20.776
45-54	14.2%	14.5%	16.5%	
55-64	7.7%	10.1%	11.5%	
> 65	2.4%	3.2%	3.0%	NH-Black HET
Sex at Birth				Male, 11.3%
Male	80.8%	71.1%	64.0%	NIII MAIleide
Female	18.9%	28.9%	36.0%	NH-White
Race/Ethnicity				MSM, 8.2%
Hispanic	27.0%	11.0%	4.0%	
NH-Asian	2.3%	1.8%	1.0%	NH-Black IDU
NH-Black	42.3%	74.1%	81.5%	Male, 6.2%
NH-White	25.2%	11.0%	10.0%	
NH-Other	3.2%	2.1%	3.5%	2010 2019
	J,0	,0	0.070	

[†] Data Source: Centers for Disease Control and Prevention. HIV Surveillance Report, 2018, vol. 31, by residence at HIV/AIDS diagnosis. § Data Source: 2019 American Community Survey ¥ Data Source: Maryland Department of Health (MDH) Enhanced HIV/AIDS Reporting System (eHARS), Geocoded Data, as of 6/30/2020. Baltimore data is for Baltimore City only. §§ Estimated values. Ω Reported deaths are for 2018 to allow for reporting.

^{*2019} HIV Estimates Reported by Name through 6/30/2020. HIV diagnoses by address at HIV diagnosis. People with HIV by current address. AIDS deaths by address at AIDS diagnosis. NH: Non-Hispanic | MSM: Male-to-male Sexual Contact | HET: Heterosexual Contact | IDU: Injection Drug Use

The Outcomes by 2020: Goals, Indicators, and Progress

				Maryland Data by Year				Annual Target	Status
Goal	Indicator			2010	2017	2018	2019		
	Reduce the estimated annual number of new HIV infections by at least 25%1			1,400	740	850		1,103	⊘
Prevent New HIV _ Infections	Increase the percentage of people living with HIV who know their serostatus to at least 90 percent ¹			88%	90%	89%	88%	77%	>
	Reduce the number of new HIV diagnoses by at least 25 percent			1,746	1,053	1,024	931	1,375	
	Reduce the percentage of young gay and bisexual men who have engaged in HIV risk behaviors by at least 10 percent ^{†1}				29%		27%	28%	⊘
	Reduce the percentage of HIV-negative MSM who engaged in high-risk sex by at least 25% [∞]				10%			14%	?
	Reduce the percentage of HIV-negative persons who inject drugs who used non-sterile injection equipment by at least 25% [∞]					56%		28%	×
Improve Health Outcomes for Persons with HIV	Increase the percentage of newly diagnosed persons linked to HIV medical care within one month of diagnosis to at least 85 percent			55%	83%	80%	87%	80%	⊘
	Increase the percentage of persons with diagnosed HIV infection who are retained in HIV medical care to at least 90 percent			56%	75%	79%	80%	85%	
	Increase the percentage of persons with diagnosed HIV infection who are virally suppressed to at least 80 percent¶			32%	61%	66%	70%	61%	
	Reduce the death rate among persons with diagnosed HIV infection by at least 33 percent			45.5	32.5	33.3		35.0	
Reduce HIV- Related Health Disparities and Health Inequities	HIV Diagnosis Disparity Ratio								
	Reduce disparities in the rate of new diagnoses by at least 15 percent among gay and bisexual men § , young Black gay and bisexual men §§§ , and Black females	Gay and Bisexual Men	11.0	12.9	15.5	15.1	13.8	11.3	×
		Young Gay and Bisexual Men	46.0	54.1	71.9	71.9	74.6	47.2	×
		Black Females	0.9	1.1	0.8	0.7	0.8	0.9	
	Viral Suppression								
	Increase the percentage of youth [¥] , persons who inject drugs ^{§B} , and transgender women with diagnosed HIV infection who are virally suppressed to at least 80 percent [§]	Youth	80%	17%	47%	58%	64%	71%	=
		Persons who Inject Drugs	80%	35%	61%	67%	69%	73%	
		Transgender Women	90%	25%	49%	64%	64%	80%	
	ual Target Progress — nt of Health Enhanced HIV/AIDS Reporting System (eHARS), as of June 30, 2	Moved towards target	away fr	om target	nge or moved			calculate	

Source: Maryland Department of Health Enhanced HIV/AIDS Reporting System (eHARS), as of June 30, 2020. Not all data has been geocoded and is therefore preliminary.

¹ Data only available at the state level.

 $^{^{+}}$ Source: Youth Risk Behavioral Surveillance System (grades 9 – 12). Data collection is biennial.

[∞] Source: National HIV Behavioral Surveillance System. Data collected in 3-year cycles in the Baltimore MSA only.

[¶] Viral suppression: the most recent viral load test that was less than 200 copies per milliliter.

[§] The multiple imputation method was used for risk estimation and redistribution.

β Includes gay and bisexual men (MSM) who also have engaged in injection drug use.

[¥] People living with diagnosed HIV aged 13-24